



# THE "BEST" INFORMER

## WEDNESDAY, MARCH 13, 2024

### TODAY IS DAY 1

\*\*\*\*Please note: All new and changed items are in red\*\*\*\*

# March

### GENERAL ANNOUNCEMENTS

#### **LOCKER CLEANOUT FOR SPRING BREAK**

Please take a moment **today** to clean out your locker before the Break: dispose of any perishable food, take food containers home, recycle papers you don't need anymore.

Teachers, if you can spare a few minutes from your classes, please provide time for students to do this essential Spring-Cleaning task.

#### **YMCA MOVIE NIGHT THURSDAY, MARCH 14<sup>TH</sup>**

The Bettie Allard YMCA location is hosting a free movie night showing Pirates of the Caribbean: Dead Man's Chest **tomorrow night**. Admission is FREE, snacks and drinks are under \$2 (cash only) and there will be fun raffles and prizes! All proceeds will be donated to a mental health advocacy organization.

For questions, please contact [joti.khangura@bc.ymca.ca](mailto:joti.khangura@bc.ymca.ca)

Address: 555 Emerson Street, Coquitlam

#### **YMCA PASSES AND SWIM INFORMATION**

The Bettie Allard YMCA location is offering swim lessons and free day passes.

Scan the QR code for more information about lessons. Day passes are available until they run out in our Youth Worker's room or at the front office.

Address: 555 Emerson Street, Coquitlam



#### **SPIRIT WEEK!**

Get ready for Spring Break by participating in Best Spirit Week! Theme dress and participate in activities to win prizes! **\*Please note: You must be dressed in the theme to participate in the activities for prizes!**

All activities will run in front of the Devil's Den on the main floor during Blocks 2, 3 & 4.

**SPIRIT WEEK**  
STARTING MARCH 11

MONDAY  
**COLOR DAY**

TUESDAY  
**JERSEY DAY**

WEDNESDAY  
**TROPICAL**

THURSDAY  
**EASTER DAY**

FRIDAY  
**PJ DAY**

**TODAY - CLUB AND SPRING SPORTS PHOTO DAY**

Artona will be here on the morning of **Wednesday, March 13<sup>th</sup>** to capture photos of our Spring athletic teams and any clubs that were not photographed at the December photo day. Teacher Club Sponsors and Coaches will organize times with Ms. Fridge. Students, please follow up with your Sponsor/Coach.

**TODAY - SUGAR SHACK IS BACK!**

Come down to room 110 on **Wednesday, March 13<sup>th</sup>** blocks 2-4 for some sweet treats! Chocolate Chip Oatmeal Cookies (\$2), Brownies (\$3), Carrot Cake (\$3.50) **Cash only please!**

**TOMORROW - PARENT TEACHER INTERVIEWS/EARLY DISMISSAL**

Due to parent teacher interviews, we will be running an altered bell schedule on **Thursday, March 14<sup>th</sup>**.

<b>BLOCK 1</b>	<b>8:16AM – 9:05AM</b>
<b>BLOCK 2</b>	<b>9:10AM – 10:00AM</b>
<b>BLOCK 3</b>	<b>10:05AM – 10:55AM</b>
<b>BLOCK 4</b>	<b>11:00AM – 11:50AM</b>
<b>BLOCK 5</b>	<b>11:55AM – 12:45PM</b>

**TOMORROW - GRADE 12 PARENT INFORMATION SESSION**

All Grade 12 parents are invited to a presentation on **Thursday, March 14<sup>th</sup>** from 6:30pm to 7pm in the library. This information session will cover sending marks to universities, the local scholarship package, CLC, Valedictorian, Dinner Dance and Commencement, and other important upcoming events.

**LAST CHANCE - LOST AND FOUND-PLEASE CHECK**

Missing something? Students check the lost and found on the main floor across from the Tech Centre **BEFORE Thursday, March 14<sup>th</sup>**. Items have been displayed on tables for easy viewing.

**GRADE 12 FRIMM STUDENTS FROM THE FIRST SEMESTER**

The link to register for the Delf is now open on the school website homepage. Please click on it and fill in the registration form as soon as possible (**before Friday, March 15<sup>th</sup>, 3 pm**).

Make sure you spell your name correctly, and as it appears on your passport (legal name).

You can also use the link below:

<https://forms.office.com/r/C97FLm2Lij>

**SIGN UP ENDS SOON - INDIGENOUS STUDENT DAY SIGN UP**

BCIT Indigenous Student Day is coming up on **April 5, 2024 at BCIT**. If any Indigenous student (grade 10 to grade 12) is interested in this opportunity, please visit our Best Indigenous Teams page for more details. Attachments are on the Best Indigenous Teams page, and they outline the event. Part of the attachments are also 3 consent forms that must be **completed by Friday, March 15<sup>th</sup>, 2024**, if you are interested in this opportunity. Need help? Please see Mr. Papillo for further details.

**STUDENT PARKING**

We are experiencing a high demand for parking in the upper parking lot and the demand will only increase as more students pass the 'N' road test before the end of June. Students, you **MUST** register your car with the office and identify your car with your parking pass so we can differentiate between school demand vs. park demand. Registration forms are available in the front office.

**GRADE 12'S**

**GRADE 12 STUDENTS ONLY**

Find your photo on these pages and check if your name is spelled correctly. If you require any corrections of additions, use this QR code to submit the changes.

**Deadline: March 16**



**CLOSES SOON - TRIUMF YOUNG ENGINEERS AND SCIENTISTS FELLOWSHIP**

The Young Engineers and Scientists (YES!) Fellowship offers six-week summer research experiences to graduating secondary students in British Columbia entering their first year at a recognized post-secondary institution. The Fellowship includes an award of \$4000. The intent of the YES Fellowship is to motivate graduating high school students with a passionate interest in science to pursue a research career in physical sciences or engineering by offering them the opportunity to experience a real life research environment. Placement dates are starting in first week of July. **Application deadline is March 15, 2024.**

[More info.](#)

## CAREER CENTRE NEWS: OPPORTUNITIES FOR ALL STUDENTS

### **NEW WESTMINSTER JUNIOR POLICE ACADEMY**

Students aged 16-18 who have a desire to learn about a career in policing, listen up! Participants of the New West Student Police Academy will have the opportunity to engage in hands-on activities, learn from experienced professionals, and develop valuable skills that extend beyond the classroom. This program is ideal for students who are looking to expand their knowledge and get a behind the scenes look at all aspects of policing. From physical conditioning and self-defense tactics to scenario-based simulations and firearm safety, you will receive the most up to date police training. July 8-12, 8 am – 4 pm. \$150.

[Apply here](#) by **March 31, 9 am.**

### **BOSA CONSTRUCTION: FULLY FUNDED CARPENTRY APPRENTICESHIP**

Applications for the [Bosa Construction Legacy Scholarship program](#) are **accepted until April 15**. Bosa is seeking four driven grade 12 students from Greater Vancouver who are interested in pursuing [BCIT's Carpentry Apprenticeship Program](#) on their journey to becoming a Red Seal Carpenter. Incl. full tuition paid for all levels of apprenticeship, guaranteed employment and sponsorship with [Bosa Construction](#), and more.

### **SOYL LEADERSHIP PROGRAM**

This 6-week leadership program empowers secondary students to cultivate and steward schoolyard farms for learning, community building and growing Good Food for All. Through their time with SOYL, youth develop skills in growing, cooking, and selling food, as well as a greater connection to themselves, their community, and the regional food system. Youth also receive a stipend and can receive school credit for their contributions.

**Running July 2 – August 8**, Suwa'lkh School in Coquitlam. [More info/ application here.](#)

### **SUMMIT 360 – FORUM FOR YOUNG CANADIANS**

Have you ever considered what it means to be Canadian and how you can contribute to the future of your community and country? Are you interested in learning more about how our institutions, government processes, and Indigenous governance structures play a role in the impact you can have? Summit 360 will connect students 14-18 years old to learn through interactive workshops, engage through peer-to-peer activities, and network with Parliamentarians. April 2-4, 2024. [Register](#) by **March 19**.

### **ROYAL SOCCER SUMMER CAMP VOLUNTEERS**

Volunteers age 14+ are wanted to assist staff with coaching and supervising children at camp. You can apply for one week (July-August), or many, half-day or full-day. Applicants should enjoy soccer and sporting activities, be great with children, be energetic and reliable. If you are 16 or older, you may be eligible for a CIT (Counsellor in Training) or Camp Counsellor position. [More info.](#)

### **SFU SCIENCE ALIVE CODING CLUB**

The Coding Club offers a diverse array of free in-person workshops tailored for school-age students interested in delving into coding and exploring popular digital tools. From May to June 2024, various topics are covered such as user interface and experience design, programming logic foundations (using Python), web design, mobile app development, and game development. SFU Sustainable Energy Building, Surrey.

See website for topics/ dates. **Spots are limited**, [sign up](#) early.

### **BCIT BIOTECHNOLOGY CAREER AWARENESS WORKSHOP**

Students in grades 10-12 are invited to learn more about careers in Biotechnology during a one-week workshop at BCIT (**April 15 – 19**). BCIT will be accepting 13 students with priority given to Grade 12 students first. If you are interested, **apply as soon as possible**. [More info.](#)

### **JUNIOR INSTRUCTORS WANTED FOR UBC GEERING UP SUMMER CAMPS**

Junior Instructors are high school or university students (grade 9 and up) who lend a helping hand at clubs and camps. You work closely alongside the instructor team to deliver and share STEM to youth in a hands-on and dynamic learning environment. This involves some curriculum development, assisting with lesson delivery, materials preparation, teaching opportunities, and more. There is a program running out of Coquitlam.

Minimum commitment is one week full-time. [Apply](#) by **March 17**.

### **SFU STEM SPEAKER SERIES – YOUTH VOLUNTEERS**

Are you a Grade 10-12 student who has a strong interest in STEAM topics and is eager to share your enthusiasm with others? Science Alive is currently recruiting volunteers to facilitate and moderate the ongoing STEM Speaker Series. [Details can be found here](#). **Apply** by **March 18**.

### **EDUCATION USA: UNDERSTANDING THE SAT AND THE ACT**

Join EducationUSA and 3 U.S. admissions officers to learn more about the SAT and ACT standardized tests. Learn about format and content of the SAT and ACT, understand the differences between the two exams, discuss strategies for test-taking, and review what test-optional means. **March 20**, 2-3 pm PST. [Register](#).

EducationUSA is a free advising resource that supports Canadian students' questions about studying in the United States. [More info.](#)

## CPA BC COIN COMPETITION

COIN provides students with an opportunity to compete provincially with other students who share an interest in business and accounting. The Top 25 highest-scoring students will be presented with cash prizes. The CPABC COIN Competition is an annual multiple-choice-question exam focusing on accounting, entrepreneurship, business acumen and introductory financial literacy concepts – taking place **Sat, April 20<sup>th</sup>**, 10-11 am.

[Register](#) before **April 8, 2024** at 9 am.

## POST SECONDARY EVENTS

### UBC SAUDER SCHOOL OF BUSINESS OPEN HOUSE

Interested in learning more about the UBC Sauder Bachelor of Commerce (BCom) program? [Register now](#) for an info session on **Thu, April 18 or May 23**, 4:30 - 6:00pm. Future students and families will get a first look at student life in the program, connect with UBC Sauder advisors, meet the admissions team and get to ask any question they may have about the application process, and take a tour of the facilities.

## SCHOLARSHIP/AWARD/BURSARY INFORMATION

Grade 12 students are encouraged to check out if they are eligible for any scholarships.

The [Career Centre > Financial Aid website](#) is currently listing almost 60 different bursaries and scholarships. Also, don't miss our internal scholarships. Applications are accepted **until April 5<sup>th</sup>**, 3 pm, and students can apply to as many of the listed awards as they wish. The internal package also includes 40 District Authority Awards reserved for Charles Best grads. [More info here](#). Students with questions can visit the Career Office (in the counsellors' area) or email [skaufmann@sd43.bc.ca](mailto:skaufmann@sd43.bc.ca).

## ATHLETICS



Dr. Charles Best Secondary Athletics  
Home of the Blue Devils  
[@charlesbestscho](#)  
[charlesbestathletics.weebly.com](http://charlesbestathletics.weebly.com)



For secondary sport updates and information...



[@cssaasd43](#)

[Follow Charles Best Athletics on Instagram here](#)

### TODAY - LACROSSE PLAYERS

Team photos will be taken this coming **Wednesday, March 13 at 9:45 am in the cafeteria.**

Please arrive 5-10 mins early. If you have NOT returned your jersey to me, please bring it for the photo. If you have returned your jersey, I will have it available for you at photo day or see me after school on Tuesday; I will be in my portable for 30 minutes. Please wear a white t-shirt if possible. After the picture return the jersey back to me. Thanks Mr. J

### TODAY - GOLF

Golf team members will be competing in the 2024 Charles Best Golf Masters Tournament at Surrey Golf Club on **Wednesday, March 13<sup>th</sup>**. Whose name will be embroidered on the Masters Jacket for 2024? Tune in Thursday morning to find out.

### TODAY - SOCCER MAR 11-15

#### SENIOR GIRLS

**Wednesday, March 13<sup>th</sup>** - Riverside Tournament at Town Centre.

**Game times:** 9:00am vs. Terry Fox, 11:30 vs. Kelowna, 2:00pm vs. Delta.

#### JUNIOR GIRLS

The Junior Girls are playing an exhibition game **Wednesday, March 13<sup>th</sup>** at 3:30pm at Centennial vs Centennial.

### TODAY - SD43 MOUNTAIN BIKE TEAM

Any interested in signing up for the SD 43 Mountain Bike team please see Mr. Raabe in the Tech Center **ASAP**. First ride is scheduled for **Wednesday, March 13<sup>th</sup>** at Burke Mountain.

### TODAY - UNIFIED BASKETBALL

Our Skill students head down to Riverside on **Wednesday, March 13<sup>th</sup>** to participate in their next basketball event. Good luck students!

### TODAY - RUGBY MARCH 11-15

**SENIOR GIRLS** play **AWAY** on **March 13<sup>th</sup>** vs. at Gleneagle Secondary. Game start is 4pm.

**SENIOR BOYS** play **AWAY** on **March 14<sup>th</sup>** vs. Riverside Secondary. Game start is 4pm.

**JUNIOR BOYS** play **AWAY** on **March 15<sup>th</sup>** vs. Burnaby Mtn. Game starts at 4pm at Burnaby Lake fields.

### GIRL'S VOLLEYBALL GRADES 9-12

Want to get a head start on volleyball try outs for next year's season? Come train with us on Wednesdays from 5-7pm starting Wednesday Apr 3<sup>rd</sup> (first Wednesday after spring break).

All levels welcome 😊 even if you didn't make a team this season.

Please see Ms. Thomas for information. Email: [DThomas@sd43.bc.ca](mailto:DThomas@sd43.bc.ca)